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Reclaiming the life of wood in furniture to last a lifetime

“There’s nothing like the smell of a freshly sanded table top,” laments Neil Goodhall, who recently founded Burlington-based woodworking business NRG Style.

Fuelled by a passion for construction learned as a young man at the cottage with his father, Goodhall turned to architecture when it came time to studying, which launched a more than decade-long career in engineering as a senior technologist. “But I always felt like there was something missing,” he admits.

“Woodworking has been my life-long passion, and I recently realized that I would never feel fulfilled until I committed to it full-time,” thus launching NRG Style in March of this year. Goodhall, along with his team, make custom built furniture to last a lifetime, providing clients with unique, contemporary and quality pieces. “We celebrate the character and individuality of each piece,” the owner says, admitting he still gets a thrill out of taking a 100-year-old barn board and bringing it back to life.

“Passion and creativity are our driving force,” Goodhall says of the motivation behind his business. But it’s the joy that he gets from making a positive impact on people’s lives that keeps him going.

“I grew up helping my father with construction projects around the family cottage. He taught me everything I know about construction and working with him on those projects taught me to enjoy and appreciate construction, its process and working with my hands.”

Goodhall and his team proudly create pieces that families can enjoy for generations to come, custom building everything from live edge Epoxy dining tables to personalized charcuterie boards, from simple quality shelving that can turn into the centerpiece of a room to an intricate coffee table with exotic wood inlays.

“Design is limitless,” the woodworker says. “Bring your ideas or we can discuss a design together...I look forward to creating that next cherished piece for you!”

The NRG Style shop and showroom are located at 850 Legion Rd., unit 16. Visits are by appointment only so call 905-681-8484 to book yours.



NRG Style staff comprises (from left to right), Neil Goodhall, owner, Cole Grummett, shop lead, Lindsay Atkinson, administration and Steve Botelho, sales manager. (Photos at right) Some of the creative pieces the Burlington woodworking shop produces.

